



**The  
Informed Prostate Cancer Support Group, Inc.**

**P.O. Box 7033**

**San Diego, California 92167**

Lyle LaRosh, President, (619) 892-3888

Victor Reed, V. P., (619) 479-3720

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***NEWSLETTER September, 2006***

**Next meeting:**

**Saturday, September 16<sup>th</sup>, 10:00AM to 12:00PM  
at the Ascension Lutheran Church,  
5106 Zion Avenue, San Diego, California  
(2 Blocks West of Waring Road - Ample Parking)**

Our Group is a Source of Information for a High Quality of Life. We urge you to call one of our group leaders BEFORE making any treatment decisions. We frequently learn that men who are newly diagnosed with PC are overwhelmed by the frightening magnitude of their condition. They opt for immediate resolution of their disease, which usually ends up with surgery, radiation, or other invasive treatment. Our experience tells us that PC is a slow growing disease, which can be controlled by other means. Hence, we advocate getting a second opinion, preferably from an Oncologist who specializes in PC. This is why we recommend asking more questions before deciding on a method of treatment.

*Speaker for September*

For our September meeting we will hear from Mr. Paul White from "Leashes for Living", a program which provides canine companions for persons who need constant home care. He will have another person and dogs with him for a demonstration of the dogs' abilities. This meeting should be a "must" for those of us who are getting long of tooth and grey of beard. Just a short note: We witnessed a demonstration of the dogs and their ability on Tuesday the 5<sup>th</sup>. and it was terrific (for the lack of a better word due to my limited vocabulary). PLEASE DON'T MISS THIS AS WE MAY ALL NEED OR WANT SERVICES LIKE THESE SOONER OR LATER, PLUS LOOK AT THE UPSIDE, YOU GET TO HOB NOB WITH REALLY INTELLIGENT DOGS.

We will also welcome newly diagnosed men who want to know more about the options for treatment. Why should Prostate removal, Prostate radiation, or Hormone Blockade, or any other treatment be preferable?

## *August Meeting Review*

*Thanks to Victor Reed and his ability to persuade* that the speaker for August was Dr. Robert G. Oshima, of the Burnham Institute, who spoke about his work in Cancer research

Dr. Oshima has been with Burnham Institute for Medical Research since 1982.

Before 1996 it was known as the La Jolla Cancer Research Foundation. In March of this year Burnham teamed with Scripps, the Salk Institute, and the University of California San Diego, putting together a powerful nonprofit consortium dedicated to stem cell research. He is the Director of the Oncodevelopmental Biology Program. Dr. Oshima received his Doctorate at UCSD and he has studied in France and at the Massachusetts Institute of Technology. Dr. Oshima spoke on tumor developmental biology.

Dr. Oshima provided a concise speech concerning research in general about stem cells and cancer. His talk about prostate cancer led to a stimulating Q&A period. However, he had to focus on the research related to breast cancer because there is much less work with stem cells and PC. (The similarity: both feed on hormones.) This focus is because there is not much effort from representatives of prostate cancer support groups or the government in funding scientists who do PC stem cell research. Cancer research has only one advocate on the California Institute for Regenerative Medicine board that supervises Prop 71 Stem Cell funds. Question: Can we, as Prostate Cancer Support Groups, get more active to ensure that PC stem cell research projects are also supported?

He informed us that stem cell research using mice, is easier to investigate in breast cancer than in PC. The breast of a mouse can be removed and stem cells can be replaced because of the size of the breast. The prostate in a mouse is small and it is difficult to implant the stem cells back in the organ. However, the prostate stem cells can be placed in the kidney and grown from there. It is a more difficult method but is gradually being used by more laboratories.

The ability for embryonic and adult stem cells to proliferate and replace damaged cells in diseases such as Parkinson's, heart, or Alzheimer's are promising. However, stem cells in tumors, due to mutations, over years may cause tumors to arise from altered stem cells that proliferate eventually leading to cancer. Treatments such as radical prostatectomy, radiation and other so called cures need to target such cancer stem cells, otherwise the cancer would return. However, the search for PC stem cells is just starting. Right now "it's too early to tell."

Ed. Note: This summation was provided by Victor Reed.

## *In Memoriam*

**Our condolences to the families and friends of**

**Member Friedel Greene, Navy veteran,**

**and a tremendous help to IPCSG in printing our Newsletter**



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*In Loving Memory of  
Friedel C. Greene III  
September 7, 1941 - August 9, 2006*



Friedel Clarence Greene, III was the only child born to Friedel C. Greene Jr. and Jean Trigg Greene on September 7, 1941 in Memphis, Tennessee. Friedel was lovingly raised by his paternal grandparents Ella Mae and Friedel Sr. Friedel was a member of Saint Anthony's Catholic Church where he served as an Alter Boy. In his formative years, he attended St. Anthony's Catholic School; after which, he attended Manassas High School where he graduated in 1959. Friedel continued his education at Tennessee State University. While matriculating there, he pledged Kappa Alpha Psi Fraternity, following in the footsteps of his father. In 1963 he graduated, with a Bachelor of Science degree in Political Science.

Upon his graduation from Tennessee State, Friedel embarked upon a career in the United States Navy. He completed his aviaional training in Pensacola, Florida and became a Naval Flight Officer. In 1964 Friedel married Billie J. Mack and the two were devoted to each other for 41 years. Their marriage was blessed with two wonderful children, Friedel, IV and Candace. While in the military, his tours of duty were in Washington DC, Memphis, Tennessee, San Diego, California and three cruises to Vietnam. In 1983, Lieutenant Commander Friedel Clarence Greene III retired from the United States Navy.

Friedel settled his family permanently in Bonita, California, after his retirement. Friedel had several business ventures; including Overflow Printing where he had printing shops in Memphis, Tennessee as well as in San Diego. Friedel enjoyed the climate of San Diego area, where he could indulge in his love of golf. He was well known on several golf courses and was always up to playing. Though, by nature he was fun loving, he also was a very serious craftsman doing major projects in his home as well as taking care of the family cars.

On Wednesday, August 9, 2006, at 5:00 p.m. at his home with his family near, Friedel closed his eyes to begin his journey home. Friedel leaves his family and many, many friends that will cherish his memory.

He is survived by his devoted wife Billie Mack Greene, a son Friedel Greene, IV of Scottsdale, Arizona, daughter Candace Greene of Los Angeles, California, loyal cousins James Edward and Carole Greene of Kalamazoo, Michigan, cousin Robert Myers of Memphis, nephew Kevin Arty of Memphis, uncle Ernest Trigg of Los Angeles, mother-in-law Dorothy Hicks of San Diego and a host of nieces and nephews.

## Filming for Prostate Cancer

The IPCSG has been working with Mr. Rocky Galgano, of 2nd Star Films, who is preparing a film entitled "The Men's Club". We have participated in filming, with interviews from several of our members, who gave personal accounts of their treatment and of their outlook for survival. We are looking forward to seeing this film when it is completed. Mr. Galgano thanks all of you who helped in this endeavor.

### *Upcoming Events and Speakers:*

Dr Lam of Marina Del Rey will speak to us in October about the use of color Doppler ultrasound in diagnosing PC.

### **Finances**

We have ambitious goals for our group; please consider giving a large financial contribution to the IPCSG. We need your support.

We are working with the Cancer Navigator, a County funded organization to help groups such as ours, and have registered two domains, [ipcs.org](http://ipcs.org) and [sdprostatesupport.org](http://sdprostatesupport.org) (which will re-direct you automatically to [www.ipcs.org](http://www.ipcs.org))

You are invited to visit our domain for what we have established so far. We owe its progress to Bill Geideck and his grandson, Tim Glinatsis, both of whom are well versed in the mysteries of the computer. You will find it an excellent reference covering all aspects of Prostate Cancer.

In addition we have developed a brochure outlining the group philosophy with reminders of important treatment considerations and of important health habits. Also we are working on a research grant on the effectiveness of the various Prostate treatments used by our members, and to make contributions to Prostate Cancer related groups.

Remember that your gifts are tax deductible because we are a 501(c) (3) non-profit organization. Our group ID number is 54-2141691. Corporate donors are welcome!

### **Announcements**

Members and persons interested in our group may call our president, Lyle La Rosh, at 619-892-3888.

Members with newsletter material may call the Editor, Carlos Richardson, 858-278-9825.

Please notify Bill Geideck, at 619-475-3433 if you have an e-mail address or a change to your e-mail address. We prefer to email the newsletter to save on postage. We are spending over \$200 each month on US Postal Service mailings, so let us know if we can switch you to e-mail. If you don't have email be sure we have your street addresses correct.

The Prostate Cancer Communication, published by PAACT, the Patient Advocate for Advanced Cancer Treatments, provides up-to-date information on treatment for Prostate Cancer. You can subscribe by contacting them at 616-453-1477 or by e-mail

at [pact@paactusa.org](mailto:pact@paactusa.org) for an application. The latest issue contains a column by Dr. Bruce West of Health Alert, in which PC is a Systemic Disease, and that "any local treatment alone is inadequate".

Dr. Mark Scholz recommends that prostate cancer patients all get quantitative bone density tests. You need a prescription and a note from your physician to get a QCT bone density test. "Open Air MRI" has seven (7) locations in San Diego County. Their telephone number is 858-622-6463.

After our Saturday meeting we gather at the SOUPLANTATION, located at 6171 Mission Gorge Road, to continue our discussions over a healthy luncheon, all are invited to join with us.

Our Steering Committee meets for lunch at Baci's restaurant (preferred) at noon on the first Tuesday of each month. All members are welcome! Please call Lyle La Rosh at 619-892-3888, to make reservations and to verify location.

More PC info: The Prostate Cancer Research Foundation (PC-Ref) meets on the 2<sup>nd</sup> Saturday of each month at Alvarado Hospital, 6655 Alvarado Rd. They start at 10:00 AM for newcomers and at 11: AM for every one. Check website [www.pcref.org](http://www.pcref.org).

Kaiser Hospital: Good news! Victor has been working with Kaiser to have Color Doppler used for Prostate Cancer tumor diagnosis. He has been informed that it is now available under Dr. Reed, the new Head of Urology. Contact Victor at 619-479-3720 for details!

## OUR MISSION

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The original and most valuable activity of the INFORMED PROSTATE CANCER SUPPORT GROUP is "networking" with fellow patients. We share our experiences, information, and attitudes, and we offer our support to men recently diagnosed---as well as survivors at any stage. Networking is sharing oneself with others for the good of us all. All aspects of prostate cancer are "controversial". But by sharing our knowledge and experiences we learn the best and latest treatments for survival of this disease. So bring your significant other, and your input, and join us.

If you no longer wish to receive these notices, please respond by writing to: IPCSG, P.O. Box 7033, San Diego, California, 92167 – or by calling Bill Geideck at 619-475-3433, or by clicking on [REMOVE ME](#) and sending it with "please remove" in the subject line.