



The
Informed Prostate Cancer Support Group, Inc.

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NEWSLETTER

September 2007

Next meeting:

Saturday, September 15, 2007 10:00AM to 12:00PM

at the Ascension Lutheran Church,
5106 Zion Avenue, San Diego, California
(2 Blocks West of Waring Road - Ample Parking)

Our Group is a Source of Information for a High Quality of Life. We urge you to call one of our group leaders **BEFORE** making any treatment decisions. We frequently learn that men who are newly diagnosed with PC are overwhelmed by the frightening magnitude of their condition. They opt for immediate resolution of their disease, which usually ends up with surgery, radiation, or other invasive treatment. Our experience tells us that PC is a slow growing disease, which can be controlled by other means. Hence, we advocate getting a second opinion, preferably from an Oncologist who specializes in PC. This is why we recommend asking us for more information before deciding on a method of treatment.

Program For September

This month we will hold a round table discussion of our therapies, and will answer questions about our move to the Moores' Cancer Center at UCSD La Jolla.

August Meeting Report

For those of you who missed it, we were able to view the movie produced by Rocky Galgano of 2nd Star Films. The film is very helpful in understanding the various therapies for Prostate Cancer and features some of our own members and friends. New members should find this information very beneficial. We will have copies of the DVD available in our library.

Kayce Ward gave a short speech encouraging members to write their legislators to sponsor legislation to enable cancer patients to purchase medications while they are pending final approval by the FDA. She handed out forms that could be used for this.

New Members

We welcomed first time attendee Jay Rock who was invited to tell of his recent diagnosis and other members offered suggestions to help him evaluate his options.

Future Programs

The October meeting will be our first meeting at the John Moore's Cancer Center Auditorium, 3855 Health Sciences Drive, La Jolla, CA 92093. The Center has theater type seating and a complete video and sound system. There is an outdoor dining area and after the meeting we will enjoy a standup buffet catered by the Center's cafeteria. The auditorium was offered as a community outreach, thanks to Kevin T. Murphy, MD, Chief, Stereotactic Radiosurgery Service. This move is evidence of the respect our group has gained in our community.

Our October speaker will be Dr. Arno J. Mundt, MD, who is chairman of the Radiation Oncology Department at Moores. Dr. Mundt is an internationally recognized radiation oncologist in the treatment of gynecologic malignancies. His research focuses on the application of the new technology, intensity modulated radiation therapy (IMRT) . As an accomplished researcher Dr. Mundt has authored and co-authored more than 50 scientific articles, predominantly focusing on gynecologic oncology and IMRT.

Special Announcements

Directions to the John Moores' Cancer Center, at 3855 Health Sciences Drive, La Jolla California, 92037 are ATTACHED AS A SEPARATE SHEET. They were prepared by Bill Geideck and Gene Van Vleet (our newest member of the steering committee). We suggest you save them to help you find the Center on your first visit.

Finances

We want to thank those of you who have made special donations to IPCSG. Remember that your gifts are tax deductible because we are a 501(c)(3) non-profit organization. We again are reminding our members and friends to consider giving a large financial contribution to the IPCSG. This can include estate giving as well as giving in memory of a loved one. We need your support. We will, in turn, make contributions from our group to Prostate Cancer researchers and other groups as appropriate for a non-profit organization. Our group ID number is 54-2141691. Corporate donors are welcome! If you have the internet you can contribute easily by going to our website, <http://ipcs.org>, and clicking on "Donate". Then enter the amount and your credit card information and you are done. Thank you.

Announcements

You are invited to visit our web-site at <http://ipcs.org>. You will be able to link to the latest studies in all aspects of Prostate Cancer. We also have developed a brochure which provides the group philosophy and explains important treatment considerations and health habits. Copies may be obtained at our meetings

Member Gene Van Vleet is working on research grants on the effectiveness of the various Prostate Cancer treatments used by our members. To

assist Gene in applying for these grants he would like to attach testimonial letters from members who have benefited from their involvement with IPCSG. Please e-mail to v2@san.rr.com or gene@ipcsq.org, or phone kim at is 619-316-3354. He has also placed ads about our group in the local newspaper and in the PennySaver. Watch for them.

Members or concerned persons may call our president, Lyle La Rosh, at 619-892-3888 with questions about Prostate Cancer. Members with newsletter material may call the Editor, Carlos Richardson, at 858-278-9825, or at carlos@ipcsq.org. You may also up-date your e-mail address on our website, <http://ipcsq.org>, by clicking on "Subscribe".

If you receive the Newsletter by Postal Service we need to know if you change your mailing address (we have to pay for mail returned because of a wrong address). We are spending over \$200 each month on US Postal Service mailings, so we would prefer to send Newsletters by e-mail, If you have the internet on your computer log in to our website at <http://ipcsq.org> and press the subscribe button. You will then get our mailings by e-mail. IF YOU DO NOT HAVE A COMPUTER YOU CAN GET OUR NEWSLETTER BY EMAIL (SAVING US POSTAGE COSTS) BY GOING TO YOUR NEIGHBORHOOD PUBLIC LIBRARY AND ASKING FOR COMPUTER TIME. It's easy, the librarian will help you, just use the computer to sign up with Yahoo using your own ID name and a secret password. Then log in to <http://ipcsq.org> and click on "Subscribe". we will send our Newsletter and anything else by email, and the next time you are in the Library you can log in to Yahoo and read your mail, or check our web-site! It will cut our expenses significantly and WON'T COST YOU A PENNY.

After our Saturday meeting we gather at the SOUPLANTATION, at 6171 Mission Gorge Road, to continue our discussions over a healthy luncheon, all are invited to join with us.

Our Steering Committee meets for lunch at Baci's restaurant (preferred) at noon on the first Tuesday of each month. All members are welcome! Please call Lyle La Rosh at 619-892-3888, to make reservations and to verify location.

More PC info: The Prostate Cancer Research Foundation (PC-Ref) meets on the 2nd Saturday of each month at Alvarado Hospital, 6655 Alvarado Rd. They start at 10:00 AM for newcomers and at 11: AM for every one. Check website <http://pcref.org>.

OUR MISSION

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CAVEAT EMPTOR

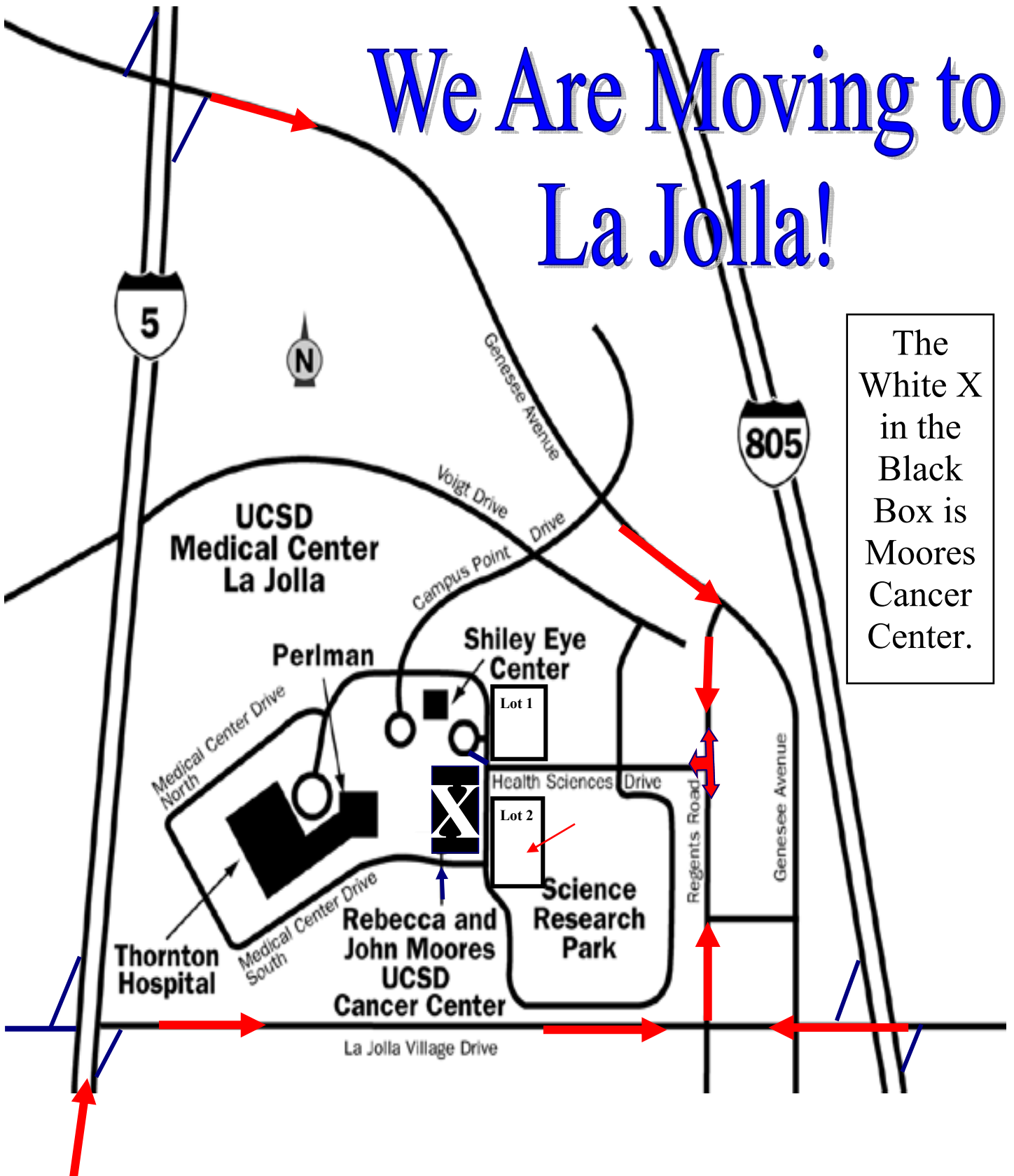
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The original and most valuable activity of the INFORMED PROSTATE CANCER SUPPORT GROUP is "networking" with fellow patients. We share our experiences, information, and attitudes, and we offer our support to men recently diagnosed---as well as survivors at any stage. Networking is sharing oneself with others for the good of us all. All aspects of prostate cancer are "controversial". But by sharing our knowledge and experiences we learn the best and latest treatments for survival of this disease. So bring your significant other, and your input, and join us.

If you no longer wish to receive this newsletter, please write to: IPCSG, P.O. Box 7033, San Diego, CA, 92167, or call Tim Glinatsis at 619-398-5445. E-mail subscribers can click on the unsubscribe link at the bottom of the email cover to this Newsletter. Please include your reason for removal, for our records.

U.C.S.D. Moores Cancer Center

We Are Moving to La Jolla!



The White X in the Black Box is Moores Cancer Center.

A standup Buffet Luncheon will be provided so be sure you and your significant other attend...

FROM I-5 – Exit Genesee Ave., and go East. Go past the Scripps entrance and Medical Center Drive, turn right on Regents Rd. Turn right at next Stop Light (Health Sciences Drive) and Moores Cancer Ctr. is directly in front of you. You may enter to your right to drop off passengers, and then park in the lot on your left (lot #2).

FROM I-805 –Exit La Jolla Village Drive and go West. Cross Genesee Ave. Turn right on Regents Road. Turn left on Health Sciences Drive. and Moores Cancer Ctr. is directly in front of you. You may enter to your right to drop off passengers, and then park in the lot on your left (lot #2).

