



The
Informed Prostate Cancer Support Group, Inc.

P.O. Box 7033
San Diego, California 92167

Lyle LaRosh, President, (619) 892-3888
Victor Reed, V. P., (619) 479-3720
Carlos Richardson, Secretary/Treasurer, (858) 278-9825

NEWSLETTER

February 2008

NEXT meeting:

Saturday, February 16, 2008 10:00AM to 12:00PM

John Moores Cancer Center, UCSD

3855 Health Sciences Dr

La Jolla, Ca 92037

(Ample Parking – Free!)

Our Group is a Source of Information for a High Quality of Life. We urge you to call one of our group leaders BEFORE making any treatment decisions. We frequently learn that men who are newly diagnosed with PC are overwhelmed by the frightening magnitude of their condition. They opt for immediate resolution of their disease, which usually ends up with surgery, radiation, or other invasive treatment. Our experience tells us that PC is a slow growing disease, which can be controlled by other means. Hence, we advocate getting a second opinion, preferably from an Oncologist who specializes in PC. This is why we recommend asking us for more information before deciding on a method of treatment.

Program For February

Our February speaker will be Dr. Irwin Goldstein. He is internationally recognized for his work on Sexual Medicine, which will be his topic. It should prove to be of interest to all of us. He has founded an Institute at the Alvarado Medical Center and recently held a Seminar in Mission Valley on the topic..

Our February meeting, as well as all future meetings, will be held at the John Moores Cancer Center at 3855 Health Sciences Drive, La Jolla, CA 92093. The Center has theater type seating and a complete video and sound system. The auditorium is offered as a community outreach, thanks to Kevin T. Murphy, MD, Chief, Stereotactic Radiosurgery Service.

Review of January Program



This is a shot of the discussion following the January Meeting, with Lyle and Dr. Bahn at the right and Bill and Victor at the left.

At our January meeting we were fortunate to have Dr. Duke Bahn as our guest speaker. He is internationally recognized as the world's expert on Color Doppler Ultrasound Diagnosis. In addition to his practice, Dr. Bahn is conducting clinical trials covering "Cryoablation of the Prostate, followed by Immunotherapy Injection". Dr. Bahn described these trials as follows. Two weeks before the freezing, the patient has given his blood to be enhanced by dendritic cells. This causes the blood to produce more T cells, which kill the cancer cells. The procedure involves the PARTIAL freezing of the Prostate. Immediately after the freezing the patients modified blood is injected directly into the tumor site as indicated by the color Doppler. The combination of the two procedures hits the cancer cells when they are the weakest and the dendritic cell immunotherapy kills the remaining cancer cells. The tests have not been many, but the results have been very impressive. He is in negotiation with the FDA to be allowed to continue his trials locally. We hope to be able to refer our members to this study.

We continue to urge all men to have Dr. Bahn give them the CDUS test for a baseline of their personal condition. The test is also being performed by Dr. Scholz & Lam in Marina Del Rey. They have both been trained by Dr. Bahn. Their contact information is available on our website, or by contacting Lyle LaRosh at 619-892-3888.

Dr. Bahn has been invited by Dr. Arno Mundt of UCSD Moore's Cancer Center to be on the speakers agenda for their staff. Dr. Mundt hopes to use Color Doppler Ultrasound to monitor the progress of IMRT therapy. Please visit our web site at www.ipcsq.org for more information.

Future Programs

Our speaker in March will be Dr. Guarneri. She will speak on cardiology for the aging man. This is probably more important than your Prostate!

In April we will have a round table open meeting where our members will discuss their individual cases and their progress.

In May we will have Sheldon Hendler, MD, who has devoted his practice to the healing effects of herbology.

In June we will hear from Gordon Saxe, MD. He is a member of the UCSD teaching staff who is teaching healing of cancer through diet & nutrition.

Finances

We want to thank those of you who have made special donations to IPCSG. Remember that your gifts are tax deductible because we are a 501(c)(3) non-profit organization. We again are reminding our members and friends to consider giving a large financial contribution to the IPCSG. This can include estate giving as well as giving in memory of a loved one. You can also have a distribution from your IRA made to our account. We need your support. We will, in turn, make contributions from our group to Prostate Cancer researchers and other groups as appropriate for a non-profit organization. Our group ID number is 54-2141691. Corporate donors are welcome!

If you have the internet you can contribute easily by going to our website, <http://ipcsq.org>, and clicking on "Donate" (Ignore the invitation to join PayPal). Then enter the amount and your credit card information and you are done. Thank you.

Announcements

You are invited to visit our web-site at <http://ipcsq.org>. You will be able to link to the latest studies in all aspects of Prostate Cancer. We also have developed a brochure which provides the group philosophy and explains important treatment considerations and health habits. Copies may be obtained at our meetings

Member Gene Van Vleet is working on research grants on the effectiveness of the various Prostate Cancer treatments used by our members. To assist Gene in applying for these grants he would like to attach testimonial letters from members who have benefited from their involvement with IPCSG. Please e-mail him at gene@ipcsq.org, or phone him at 619-316-3354.

He has also placed ads for our group in the Union Trib, the Reader and the PennySaver. Watch for them.

Members or concerned persons may call our president, Lyle La Rosh, at 619-892-3888 with questions about Prostate Cancer. Members with newsletter material may call the Editor, Carlos Richardson, at 858-278-9825, or at carlos@ipcsq.org. You may also up-date your e-mail address on our website, <http://ipcsq.org>, by clicking on "Subscribe".

Directions to the John Moores Cancer Center, at 3855 Health Sciences Drive, La Jolla California, 92037 are available on our website. Call us if you need directions.

Our Steering Committee meets for lunch usually at Baci's restaurant (preferred) at noon on the first Tuesday of each month. All members are welcome! Please call Lyle La Rosh at 619-892-3888, to make reservations and to verify location.

We are indebted to members Chuck Barber and Bill Geideck for the photograph of the January meeting. The review of that meeting was written by Lyle LaRosh.

More PC info: The Prostate Cancer Research Foundation (PC-Ref) meets on the 2nd Saturday of each month at Alvarado Hospital, 6655 Alvarado Rd. They start at 10:00 AM for newcomers and at 11: AM for every one. Check website <http://pcref.org>.

SNAIL MAIL RECIPIENTS – NOTICE!

We are spending over \$200 each month on US Postal Service mailings, so we would prefer to send Newsletters by e-mail, If you have a computer please log in to our website at <http://ipcs.org> and press the subscribe button. You will then get our mailings by e-mail. IF YOU DO NOT HAVE A COMPUTER please let us know. Or if you can use a friend's computer, let us know and we will send our mailings to that address, which will save postage for the IPCSG. Also please let us know when you change your mailing address (we have to pay for mail returned because of a wrong address).

OUR MISSION

NOTA BENE

CAVEAT EMPTOR

SEMPER FI

The original and most valuable activity of the INFORMED PROSTATE CANCER SUPPORT GROUP is “networking” with fellow patients. We share our experiences, information, and attitudes, and we offer our support to men recently diagnosed---as well as survivors at any stage. Networking is sharing oneself with others for the good of us all. All aspects of prostate cancer are “controversial”. But by sharing our knowledge and experiences we learn the best and latest treatments for survival of this disease. So bring your significant other, and your input, and join us.

If you no longer wish to receive this newsletter, please write to: IPCSG, P.O. Box 7033, San Diego, CA, 92167, or call Carlos Richardson, 858-278-9825. E-mail subscribers can click on the unsubscribe link at the bottom of the email cover to this Newsletter. Please include your reason for removal, for our records.